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Dr. James is a Board Certified High Complexity Laboratory Director (HCLD) specializing in Embryology/Andrology, and is the Laboratory Director of the IVF Lab at the A.R.T. Institute of Washington, Inc. in the U.S. in Washington, DC. She completed her B.S. degree in Animal Science at Texas A&M University in 1995 and earned an M.S. degree in Reproductive Physiology in 1997, specializing in hormonal manipulation of the equine estrus cycle.

She acquired her Ph.D. from Louisiana State University in 2004 in Animal Science (Reproductive Physiology emphasis) by studying methods of preservation for epididymal sperm.

Dr. James has worked in the field of mammalian embryology since 1994 and more specifically in human clinical embryology since 2000.

She has been a member of the American Society of Reproductive Medicine (ASRM) since 2000, the American Society of Andrology (ASA) since 1999, and the Society for the Study of Reproduction (SSR) since 1995.

Dr. James also serves as the Treasurer of the Alpha Scientists in Reproductive Medicine (Alpha), an international organization that represents and educates embryologists.